

Shiatsu Foot Massager

USER MANUAL

Model: MDFM400



Thank you for choosing the MEDCORSOR foot massager.
Please read the user manual carefully before use.
If there is any problem with the product, please contact
support@medcursor.com

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IMPORTANT SAFETY INFORMATION



To reduce the risk of burns, fire, electric shock, or other injuries, please follow all instructions and safety guidelines. Read all instructions before using.

Danger:

- Always unplug this massager from the electrical outlet immediately after using and before cleaning.
- Examine your massager's fabric covering for any sign of damage before using. If there are any blisters, tears, or cracks, do not use your massager.
- Never use pins or other metallic fasteners with this massager.
- Keep it dry. Do not use the massager if it is wet.

Warning:

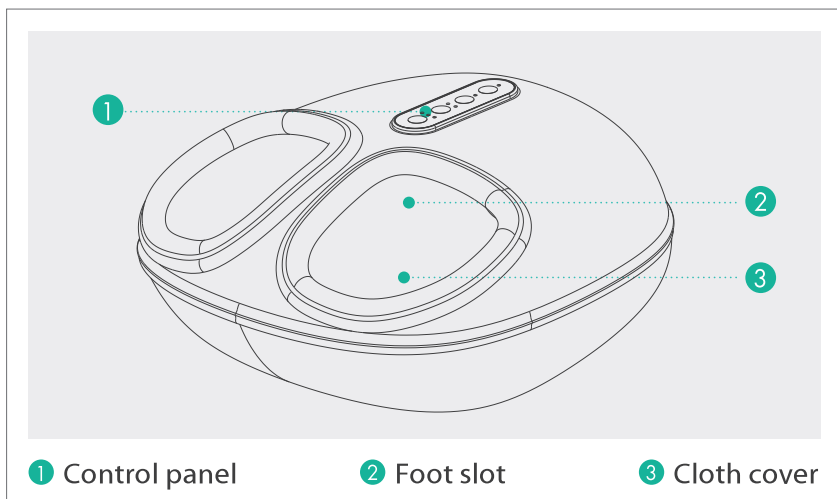
- Do not leave your massager unattended when plugged in. Unplug when not in use, Connect the parts or attachments before connecting the device to the power outlet.
- Do not operate under a blanket or pillow. Overheating can occur causing fire, electric shock, or other injuries.
- Close supervision is necessary when your massager is used by or near children, or person with disabilities.
- Do not use the massager if it has been dropped, if it is not working properly, or if any of its parts (including the cord or plug) are damaged. Please contact Customer Support.
- Do not use the massager if it gets wet. Make sure that the foot cloth cover is also dry and clean.
- Turn off and stop using the massager immediately if it makes an unusual noise, emits a strange smell, or if smoke comes out of it. Contact Customer Support.
- Do not carry the massager by the cord.
- Do not use this massager for more than 30 minutes at a time.
- Only use while seated.
- Do not stand on the massager or place heavy objects on it.
- Do not remove the housing or the cloth cover when operating the device.
- Do not try to repair the massager. Contact Customer Support, if the massager is malfunctioning.
- Positioning your feet on the massager incorrectly or applying excess pressure may result in pain or injury. This may also damage the massage nodes.

- Children are not allowed to play with the device.
- People who are sensitive to heat should be careful when using the unit.
- Use the device only with the supplied equipment.

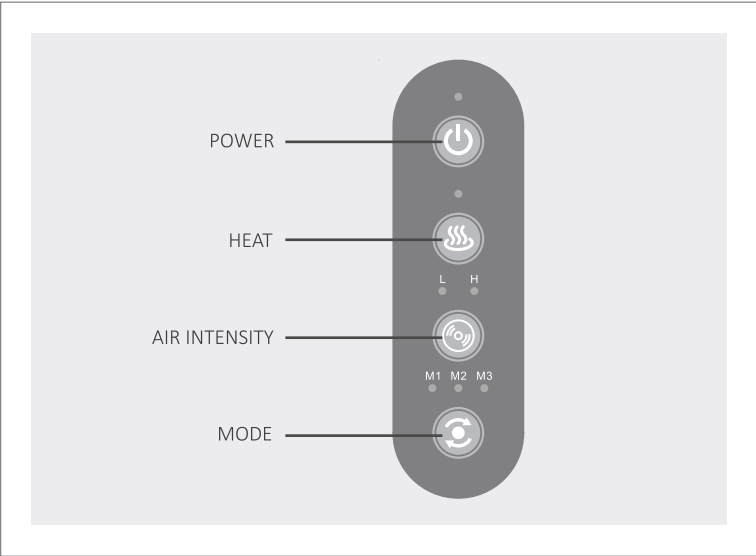
SPECIFICATIONS

Product Name:	Medcursor Foot Massager
Product Dimension:	About 14.37X6.89X13.78 In
Product Weight:	About 2.85kg (6.28lbs)
Power Supply:	Input: AC 100-240V, 50-60Hz / Output: DV 12V, 2.5A
Rated Power:	30 watts
Runtime:	15 minutes
Suitable Feet Size:	up to US size 11 (EU size 45)

STRUCTURE DIAGRAM



Control Panel



Once a function is activated, the corresponding light will illuminate “orange” on the device.

Button	Function
POWER 	Press this button to turn on the device. Press again at any time to off the massager.
HEAT 	Press heat button to turn on/off the heating function.
AIR INTENSITY 	Press the Air Intensity button to adjust the air pressure level.
MODE 	Press the mode button to change the massage mode.

The automatic massage lasts 15 minutes. The massage device automatically switches off after this period in order to prevent overheating. Unplug the power cable from the socket after every use.

OPERATION GUIDE

1. Connect the plug to the power source the massager is on standby.
2. Press the Power button, the Power indicator lights up and the unit will start on MASSAGE MODE 1.
3. Press the Heat button to turn on/off the heating function.
4. Press the Air Intensity button to adjust the air pressure. There are two levels that can be selected. "L" and "H". "L" is for lower air pressure, "H" is for higher air pressure. Please know, when you press the "POWER" button, the Low-intensity level will start, so if you press the air intensity again after power on, the air intensity level will be changed to High-Level.
5. Press the Mode button to change the massage mode into Mode 1, 2, or 3.
 M1: MASSAGE MODE + AIR PRESSURE MODE will be on. It's the default setting (Kneading + Rolling + Heat+ Air Pressure are activated). In this Mode, the massage rollers will move slower for a gentler massage. If you want to have a deep massage, please adjust the Air Pressure from "L" to "H".
 M2: MASSAGE MODE Only (Kneading + Rolling Only).
 In this mode, there is no Air Intensity come in even you press the AIR INTENSITY BUTTON.
 M3: AIR MODE Only (Air Pressure activated). In this Mode, Air Pressure only, no kneading. If you want to have a deep massage, please select M1 and adjust Air Intensity from "L" to "H".

TIPS:

1. The automatic massage lasts 15 minutes. The massage device automatically stop after this period of time. We recommend you limit massaging to 15-30 minutes. Longer massage time may cause mild pain.
2. If the massager is used for too long, overheat protection will activate and the massager will shut down. Allow the massager to cool for about 40 minutes before using again.
3. Avoid using with only 1 foot unless necessary, as this may shorten the life of the massager.
4. If you feel uncomfortable or feel pain while using the massager, stop using immediately. Consult a physician if necessary.

FOOT REFLEX ZONES

Reflexology has the advantage over an all-body massage due to the fact that there are approx. 72,000 nerve endings of different organs in the feet. Precisely performed massages can be very beneficial to our health and well-being.

Precision massages of the foot reflex zones can stimulate metabolism and blood circulation among other things, it also stimulates digestion and supports the self-healing process of the body.

The more we care about the vitality of our feet, the better it is for our body. The feet are known as a microsystem in which each organ is said to be connected and reflected and can be treated individually.





Lower Back | Gluteal Area

- > Neglecting the feet can affect the whole body.
- > Muscle tension can arise due to poor posture of the body. This in turn can have negative effects on the spinal column and the nerve tracts and result in other physical complaints.
- > Sleeping problems can cause cold feet which usually result in circulatory disorders.
- > Swollen legs, muscle cramps, and blood congestion can be caused by
- > excessive sitting and physical inactivity.

Provide your feet with sufficient energy so that the veins embedded in the muscles can transport the blood throughout the entire body again.

TROUBLESHOOTING

Common Problems	Possible Solutions
The massager can not be turned on.	1.Make sure the power outlet is connecting. 2.Make sure the massager is plugged in. 3.Unplug the AC power adapter from the massager and plug it back in.
The massage intensity is too strong or too weak	Change the mode and intensity setting of the massager to match your preferences.
The massager is turned on, but the massage functions stopped working.	1.Make sure the power outlet is connecting. 2.Unplug the AC power adapter from the massager and plug it back in 3.If you have been using the massager for a long time, overheat protection may get activated. Turn the massager off and allow it to cool for at least 40 minutes then turn on again.
An unknown error occurred.	1. Turn off the massager and then back on again. 2.Unplug the AC power adapter from the massager and plug it back in.
The Air Intensity is not working.	1.The program is loading or, the air pressure is too low at the beginning, please waiting for about 1 minute, the air pressure will be rising. 2.Turn it off and turn it on again, If it's not working, please contact seller support.

STORAGE & MAINTENANCE

With proper usage maintenance, you can increase the life span of your massage device and ensure safe operation at the same time.

1. Recommended storage: Dry and free from dust.
2. Keep the device away from wet area, liquid or combustible material and open flame.
3. Clean the device with a soft, dry cloth.
4. Unplug the device from the power outlet when not used.

WARRANTY CONDITIONS

We provide 18 months warranty to all our customers. Warranty starts from the date of its original purchase. If the device fails due to manufacture defects, please contact our email: support@medcursor.com to launch a warranty claim. We will instruct you on how to return, repair or request a replacement of the product.

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Email: support@medcursor.com

WEB: www.medicursor.com